



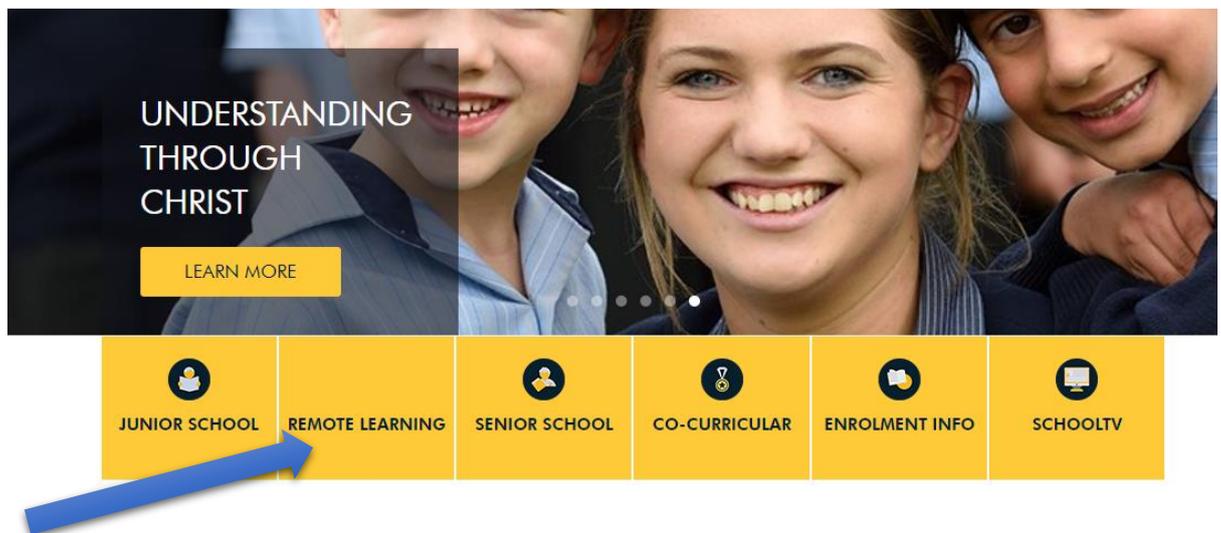
30 April 2020

COVID-19 Update

Dear RHAC Community,

Welcome back to Term Two and a particularly warm welcome to some new students and families that have joined us this term. I would also like to extend a welcome to Miss Amanda Eskander who has joined our Senior School PDHPE staff to replace Mrs Blair who has commenced Maternity Leave. Our remote learning program recommenced on Tuesday and it has been pleasing to see the ongoing developments that have been taking place to further improve the level of student engagement through this program.

Within our College website, there is now a link to a special Remote Learning page for Rouse Hill Anglican College. This page provides extensive valuable information for students, parents and staff about our remote learning program as well as helpful advice about managing through these times. I am grateful to staff who have helped in setting up this website. Where parents or students might have questions about what they should be doing or how to access a certain program, it would be a good idea to visit this site first to check the information provided. You can also click on the image below to go to the page.



As advised in my letter last week, we will be providing progressive information about the return to class schedule on a fortnightly basis to assist with your planning. Our College made the decision to return by Year cohorts so that students will be able to benefit from proper face to face teaching when they are attending at the College during this transition program. We are aware that other schools have taken an approach that will have students attending by House groups or by surname, however, we felt that students would want to be reacquainted with students across their whole cohort and also wanted them to benefit from face to face teaching on their return.

During this transition period, the College will be continuing to provide ongoing supervision for students unable to stay at home as we have been over past weeks.

As previously advised, the research that has been conducted around the spread of COVID-19 has revealed a concern around the number of adults present within a school at any time. For this reason, as students are returning to school, we will be expecting that parents do not leave their vehicles at drop off or pick up times (with the exception of Pre-K where they will require sign in and out by one adult only). Additional staff will be on

duty to ensure student safety as they move from vehicles to the classrooms and playgrounds, particularly in our Junior School areas.

A number of Parent Teacher nights were scheduled during Term Two and these will need to be modified. Separate emails will be sent to Year Groups that have been impacted about the changed arrangements for these interviews.

Please see the following timetable for the return of students for the fortnight beginning 11 May.

Weeks 3-4 (Weeks beginning 11 May 2020 and 18 May 2020)					
Year Group	Monday	Tuesday	Wednesday	Thursday	Friday
12	✓	✓	✓	✓	✓
11		✓	✓		
10			✓		
9	✓				
8					✓
7				✓	
6					✓
5		✓			
4	✓				
3			✓		
2		✓			
1			✓	✓	
Kindergarten	✓	✓			
Pre K 1	✓				
Pre K 2		✓			
Pre K 3				✓	
Pre K 4					✓

SCHOOL TV SPECIAL REPORT: Wellbeing - Checklist for Primary and Secondary



Whilst most children and adolescents are resilient and seem to be demonstrating a remarkable capacity to manage during this challenging time, others are not faring as

well. Some are experiencing a variety of emotions ranging from fear to anxiety, all of which are considered normal or natural responses to this current situation. However despite this, it is still important for adult carers to remain vigilant for any signs of unusual distress or behaviour, even though your child may not have any prior history of a mental health disorder.

It was estimated that one in seven Australasian children experienced a mental health issue before the Coronavirus pandemic, therefore early intervention, diagnosis and treatment is even more important now. In the current climate, one useful thing you can do is help your child focus on the things that they can control — such as their learning, diet, exercise and sleep.

In this Special Report, adult carers will be provided with a checklist that can be used a guide in determining if there is any cause for concern. We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback. If you do have any concerns about the wellbeing of your child, please refer to the [parents supporting your child page](#) of our Remote Learning website for further information, or seek medical or professional help.

Here is the link to your special report- [Primary](#) [Secondary](#)

With best wishes,

Peter Fowler
Principal

"Give thanks to the LORD, for he is good; his love endures forever." Psalm 107: 1